EVERWELL

EverWell Primary Care and Weight Management
Dr. Irawan's Office · Call or text (508) 770-6701
Fax (508) 770-6702 · everwell360.com

Welcome! We're glad you're here.

Thank you for choosing us. We care for adults 18 and older, and our goal is simple: to be the team that knows you well, year after year. At your first visit, we'll get to know you and start with what matters most to you.

Before your first visit

AHEAD OF TIME

- ☐ Sign up for Patient Gateway (our front desk can help)
- ☐ Optional: ask your last office to fax your records to (508) 770-6702

ON THE DAY

- ☐ Bring your insurance card, photo ID, medicine list and any recent records
- ☐ Arrive 20 minutes early to register and check in with our medical assistant

Can't make it? Just let us know 24 hours ahead.

Lab work

- **First visit:** we can draw any blood work right after your visit or on another day. For same-day blood work, skip breakfast that morning.
- **Follow-up visits:** we'll set up your blood work ahead of time, so results are ready when we meet and you leave with a clear plan.
- **Fasting:** we'll let you know if a test needs it. Just skip food for 8 hours beforehand. Water is fine, and keep taking your usual medicines unless we say otherwise.

Who to contact

Call or text (508) 770-6701 · Mon–Fri, 8:00 AM–4:30 PM

Appointments	**Call or text.** Texting is perfect for quick questions.
Feeling sick	**Call or text us first.** We can often see you the same day, with a team that knows your history.
Medical questions	**Patient Gateway.** Secure for health details, results and refills (a few days ahead, please).
After hours	**Call** for our on-call provider.
Emergency	**Call 911.**

Your care team

Gunardi Irawan, MD, DABOM
Board-certified physician, leads your care

Courtney Laperriere, PA-C
Board-certified physician assistant

Diana Kisel, MSN, FNP-C
Board-certified family nurse practitioner

Giavonna Hirtes, RDN, LD
Registered dietitian nutritionist

One team, one shared chart.

Good to know

- **On-site tests:** blood work, EKGs, flu A and B, COVID-19 PCR, rapid strep, urinalysis for UTIs, and INR for blood thinners.
- **Vaccines:** flu, COVID-19, shingles, tetanus, pneumonia, hepatitis B and more.
- **Imaging:** X-rays (often the same day), mammograms, ultrasounds and bone density scans, nearby at 246 Maple St, Marlborough.
- **Weight management:** interested in the EverWell program? Just mention it at your visit.
- **Annual physicals** are usually covered at no cost. If we also address a new or ongoing problem, that part may have a copay or deductible.
- **Video visits:** see us from anywhere in Massachusetts. We'll text you a link that morning. Just tap it to join (no app needed), 5 minutes early.
- **Interpreters:** video interpreter services are available, so let us know when you book.
- **Our office:** 162 Main Street, Northborough, with free parking on site.

We look forward to meeting you.
Warm regards,

Gunardi Irawan, MD, DABOM and the care team

Know someone looking for a doctor?
They can join our practice at everwell360.com.